



# **8th Annual Martin Family Caregiver Alzheimer's Disease Symposium**



## ***Caregiving and Dementia: Decisions and Transitions***

**Friday**

**September 12, 2014**

**10:15 am to 2:30 pm**

**IU Health Neuroscience Center  
Goodman Hall Auditorium  
355 W. 16<sup>th</sup> Street  
Indianapolis, IN 46202**

**TITLE SPONSORS**



**INDIANA UNIVERSITY**  
DEPARTMENT OF PSYCHIATRY  
School of Medicine

## **DESCRIPTION:**

*Caregiving and Dementia: Decisions and Transitions* is designed for those who care for people with dementia and related neurodegenerative disorders. The program will be beneficial to both family caregivers and professional care providers. The program will focus on some of the difficult decisions that families and providers must make while caring for people with these disorders across the course of the disease. In addition, sensitive issues such as intimacy and dementia, genetic testing and legal/financial issues for caregivers to consider will also be presented in smaller breakout sessions.

## **OBJECTIVES:**

At the conclusion of this program, participants will be able to:

1. Identify the stressors and challenges of caregiving over the course of the disease.
2. Understand the complexities of decision making. Recognize transition points in care such as when to take away the keys, when to ask for in-home help, when to consider long term care, and when to call hospice.
3. Learn how and when to make tough decisions.

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### **COURSE DIRECTORS:**

Mary Guerriero Austrom, PhD  
Wesley P. Martin Professor of AD Education,  
Department of Psychiatry and Director, IADC  
Outreach, Recruitment & Education Core

Brandy R. Matthews, MD  
Associate Professor Clinical Neurology  
Department of Neurology  
Associate Director, IADC Outreach, Recruitment &  
Education Core

### **PLANNING COMMITTEE:**

Indiana Alzheimer Disease Center  
Indiana University School of Medicine

Mary Guerriero Austrom, PhD  
Brandy R. Matthews, MD  
Jill R. Murrell, PhD  
Yvonne Lu, RN, PhD  
Takiya Paicely, MSW, LCSW  
Andrew Saykin, PsyD  
Donna Wert

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### **FEE:**

Thanks to generous support of our sponsors, the symposium is offered free of charge, however, registration is required. Please call 317-963-7297 or email [dwert@iupui.edu](mailto:dwert@iupui.edu) to register or learn more about this program.



Indiana Alzheimer Disease Center staff wants everyone to feel welcome at this event. If you have a disability and need an accommodation to participate in this program, IADC staff will try to provide it. Please contact us with your needs 72 hours prior to the event by calling (317) 963-7297.

### **LOCATION:**

The Indiana Alzheimer Disease Center's 8th Annual Martin Family Alzheimer's Disease Symposium will be held in Goodman Hall Auditorium in the IU Health Neuroscience Center located at 355 W. 16<sup>th</sup> Street, Indianapolis, IN 46202. Parking is available in Goodman Hall Garage, located at the corner of Missouri and 15<sup>th</sup> Street. **Parking is \$5 per day. Bring parking ticket inside as automated payment machines are located in the building.**

### **OTHER:**

Lodging information may be obtained by contacting the Indianapolis Convention and Visitors Association at (800) 556-INDY(4639) or [www.indy.org](http://www.indy.org).

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**Goodman Hall Auditorium**  
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**AGENDA**

9:45 am	Doors Open — Visit exhibits
10:15 am	<b>Welcome and Introductions</b> Mary Guerriero Austrom, PhD
10:30 am	<b>The Indiana Alzheimer Disease Center: An Update</b> Andrew Saykin, PsyD
11:00 am	<b>Keynote Address: *</b> <b><i>Tough Decisions: How and When to Make Them</i></b> Mary Guerriero Austrom, PhD and Brandy R. Matthews, MD
12:00 pm	LUNCH (PROVIDED) — Visit exhibits
12:45 pm	<b>BREAK OUT Sessions (Please choose one):</b>
	<b><i>Intimacy and Dementia</i></b> (for spouses and partners of persons with dementia) Denise Raley Saxman, MSW, LCSW
	<b><i>Genetic Testing and Dementia: To Test or Not to Test</i></b> Kimberly Quaid, PhD
	<b><i>Legal and Financial Planning and Dementia</i></b> G. Jean Kitley, JD
1:45 pm	<b>Panel Summary with Questions and Answers</b>
2:15 pm	<b>Closing Remarks and Program Evaluation</b> Jill R. Murrell, PhD

\*Also serves as the IUSM Psychiatry Grand Rounds hour. Psychiatry Grand Rounds provides CME credit for physicians.

# Faculty



**Andrew Saykin, PsyD**, is the Raymond C. Beeler Professor of Radiology and Imaging Sciences and Director of both the Indiana Alzheimer Disease Center (IADC), and the IU Center for Neuroimaging, Indiana University School of Medicine (IUSM). The IADC is one of 27 centers sponsored by the National Institute on Aging. Dr. Saykin is a neuropsychologist whose research focuses on using advanced brain imaging and genetics to understand disorders affecting memory and cognition. Advances in brain imaging have become increasingly important for the early detection of disorders leading to dementia.

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**Mary Guerriero Austrom, PhD**, is the Wesley P. Martin Professor of Alzheimer's Disease Education in the Department of Psychiatry, IUSM. She is also a member of the graduate faculty, an adjunct professor in the School of Nursing, and an affiliated scientist at the IU Center for Aging Research. Dr. Austrom is the leader of the Outreach, Recruitment and Education Core for the Indiana Alzheimer Disease Center. Her research and clinical interests include non-pharmacological interventions for people with dementia and their caregivers. She has published over 125 articles, chapters and abstracts and regularly speaks to groups nationally and internationally about her work.

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**Brandy Matthews, MD**, is Associate Professor of Clinical Neurology, Neurology Residency Program Director, Department of Neurology, Associate Leader, IADC Education Core, at Indiana University School of Medicine. Her areas of research interest include the clinical presentation of frontotemporal dementia and related disorders, social and emotional cognition in the context of neurodegenerative disorders, and the neuroscience of music. She is also interested in systematic assessment of education in neurobehavior across disciplines including neurology, psychiatry, and geriatric medicine. She continues to explore brain behavior relationships as a member of the Clinical Core of the Indiana Alzheimer's Disease Center (IADC) in an attempt to further efforts to diagnose frontotemporal dementia and related disorders earlier and more accurately. Likewise, as Associate leader of the IADC Outreach, Recruitment and Education Core, she has designed and implemented a behavioral neurology and dementia curriculum in an effort to better inform trainees and encourage them to pursue careers in behavioral neurology.

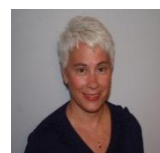
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**Dr. Kimberly Quaid** is a Professor in the Department of Medical and Molecular Genetics at the IUSM and a Faculty Investigator of the Indiana University Center for Bioethics. She is currently the Co-Director of the Master's Program in Genetic Counseling as well as the Director of the Predictive Genetic Testing Program. Dr. Quaid also serves as the Director of the Huntington Disease Society of America (HDSA) funded Center of Excellence at IUSM.

Dr. Quaid came to Indiana University in 1990 from the Johns Hopkins Hospital in Baltimore, Maryland where she was the coordinator of one of the first programs in the world to offer presymptomatic genetic testing for Huntington Disease. As Director of the Predictive Testing Program, she now provides genetic counseling and testing for individuals with and at risk for Huntington Disease, early onset AD, Gerstmann-Sträussler-Scheinker disease, and other late onset autosomal dominant neurological disorders. She has authored or co-authored over 35 books, book chapters and peer reviewed publications focused primarily on ethical issues in genetic testing.

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**Denise Raley Saxman, MSW, LCSW** is Associate Director of Family Services at Alzheimer's Association of Greater Indiana. She obtained her MSW from Indiana University in 1994 and has worked in the healthcare field since graduation. For the past 6 years, she has worked for the Alzheimer's Association, Greater Indiana Chapter. Her primary duties include meeting with families and persons with dementia in order to assist their journey. She provides disease education, care planning, and assistance with resources. She is also a presenter for both professional and community education specific to Alzheimer's and other dementias. She runs an early stage psycho-educational group in Indianapolis and coordinates the Chapter's early stage programs statewide. She has participated in many National Chapter initiatives and is currently on the workgroup to develop a National program on Communications and Behaviors for family caregivers. Her previous work experience includes 10 years as a home hospice social worker in Maryland. She started her career as the HIV/Aids social worker at Wishard Health Services (now Eskenazi Health) in Indianapolis.

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**G. Jean Kitley, JD**, was admitted to the bar in 1983 and has been practicing with her father and brother at Kitley Law Office, PC, founded by her father in 1956 in Beech Grove, IN. The focus of Ms. Kitley's practice is elder law, estate planning, wills, trusts, probate and long term care planning. She graduated from Indiana University School of Law, Indianapolis, after obtaining her BA from Miami University, in Oxford, OH. She is a member of the National Academy of Elder Law Attorneys, the Indianapolis Bar Association, the Indiana Bar Association, Franklin Township Historical Society, Franklin Township Civic League, and founding director of the Franklin Township Education Foundation. On a personal note, she is the fifth generation to help steward the family farm in the Wanamaker area, where she lives with her two children and her mother enjoying the horses, cattle, dogs and gardening.

**Registration Form**  
**Indiana Alzheimer Disease Center**  
**8th Annual Martin Family Alzheimer Disease Symposium**  
***Caregiving and Dementia: Decisions and Transitions***  
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The program is offered free of charge; however, REGISTRATION is required.

Register online at [iadc.iupui.edu/current-events/](http://iadc.iupui.edu/current-events/)  
or send this form to:

Indiana Alzheimer Disease Center, Martin Family AD Symposium  
355 W. 16th Street, Suite 2800, Indianapolis, IN 46202

Phone: (317) 963-7297 — Fax: (317) 963-7325 — email: [dwert@iupui.edu](mailto:dwert@iupui.edu)

TITLE: ☐ CAREGIVER ☐ FAMILY MEMBER ☐ RN ☐ MSW ☐ CNA ☐ MD ☐ PhD ☐ PsyD  
☐ Other \_\_\_\_\_

Specialty:

LAST NAME:	FIRST NAME:	MIDDLE INITIAL:
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BUSINESS NAME :

MAILING ADDRESS—STREET:

CITY:	STATE:	ZIP:
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DAYTIME PHONE:	EMAIL ADDRESS:
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BREAKOUT SESSIONS: (PLEASE CHOOSE ONE)

- ☐ *Intimacy and Dementia* (For spouses and partners of persons with dementia)
- ☐ *Genetic Testing and Dementia*
- ☐ *Legal and Financial Planning and Dementia*

BOX LUNCH PROVIDED

Please check if you have a special dietary need:

☐ Vegetarian ☐ Other \_\_\_\_\_

Where did you hear about the Symposium: ☐ eMail ☐ USPS mail ☐ Professional ☐ Friend ☐ Newsletter

Certificate of attendance will be available upon completion of the evaluation form.