

Videoconference presented by
Indiana Alzheimer Disease Center
in collaboration with
SIU School of Medicine — CADRD



Southern Illinois University School of Medicine

6th annual scientific conference

Healthy Brain Aging: Alzheimer's Disease Risk and Protective Factors

May 21, 2013

8:30am - 5:00pm EDT



VIDEO CONFERENCE LOCATION:

IU Health Neuroscience Center
Goodman Hall, Suite 1365
355 W. 16th Street
Indianapolis, IN 46202

Sponsored by

 **SIU School of Medicine**
Center for Alzheimer's Disease
and Related Disorders

LIVE CONFERENCE:
James T. Dove, MD
Conference Center
619 E. Mason Street
Springfield, IL

Agenda

(Note: Time is EDT/Indiana. Live Conference is CDT/Illinois.)

- 8:30 am—9:15 Registration Open
- 9:15 – 10:20 **Overview of Risk and Protective Factors for Alzheimer's Disease**
Ron Zec, PhD, ABPN, ABPP (CN),
SIU School of Medicine, Springfield, Illinois
- 10:20 – 11:20 **Effects of Bilingualism on Cognitive Aging and Dementia**
Fergus Craik, PhD, FRSC, FRS,
Baycrest Centre for Geriatric Care,
Toronto, Ontario, Canada
- 11:20 – 11:35 Break
- 11:35 – 12:35 **Physical Activity and Exercise: Implications for Healthy Brains and Minds**
Arthur F. Kramer, PhD, Director, Beckman
Institute and Swanlund Chair of Neuroscience
and Psychology, University of Illinois –Urbana-
Champaign, Urbana, Illinois
- 12:35 – 1:00 Question & Answer Panel
- 1:00 – 2:00 Lunch (on your own)
- 2:00 – 3:00 **Biomarkers, Cognition, and Cognitive Reserve in Alzheimer's Disease**
Prashanthi Vemuri, PhD, Department of
Radiology, Mayo Clinic, Rochester, Minnesota
- 3:00 – 3:15 Break
- 3:15 – 4:15 **Mediators of Brain (Type 3) Diabetes: Contributions of Lifestyles, Genes, and Aging to Alzheimer's Disease Pathogenesis**
Suzanne M. de la Monte, MD, MPH, Alpert
Medical School of Brown University & Rhode
Island Hospital, Providence, Rhode Island
- 4:15 – 5:00 Question & Answer Panel & Conference Summary

For more information about the presenters, session descriptions and objectives, please refer to SIU School of Medicine course brochure at
<https://www.siumed.edu/cme/tracker.html>

Conference Information

About this Conference

Can we build a better brain? Can we decrease the likelihood of developing cognitive impairment as we age? Accumulating evidence indicates that there are a wide variety of lifestyle risk and protective factors that affect brain health and cognitive health. This conference will present useful, empirically-based evidence regarding risk and protective factors for healthy versus unhealthy brain/cognitive aging.

Who Should Attend

This program is designed for clinicians, researchers, and other professionals in health care, wellness and aging; interested others are also welcome to attend. Continuing education credit is available for physicians (*AMA PRA Category 1 credits™*), nurses, social workers, counselors and nursing home administrators.

Course Objectives

For more information about the presenters, session descriptions and objectives, please refer to SIU School of Medicine Course brochure at
<https://www.siumed.edu/cme/tracker.html>

Fee

A fee of \$25 will be collected by Southern Illinois University (SIU) School of Medicine for those wishing to obtain CME, other credit or a Certificate of Attendance. Follow instructions below as you **MUST** register on-line with SIU School of Medicine.

- 1) To register online, go to the SIU School of Medicine CME Activity Catalog page at <https://www.siumed.edu/cme/tracker.html>
- 2) Scroll to the listing for the Healthy Brain conference and click on the Register button.
- 3) Set up a user name & password to create a user profile (or log in using your existing password).
- 4) Click on the "Registration Type" drop-down menu and select "Other professional or general public - \$50".
- 5) Just below that is a box in which to enter a CME code. Enter the word VIDEO (in all caps) and the registration fee will automatically be discounted down to \$25.
- 6) Complete the registration by selecting either the "Online credit card payment" or "Pay by check/mail" option.

Other faculty, staff and students may attend free of charge. Please email dwert@iupui.edu or phone 317-963-7297 to register for Video Conference.

Further Information

Video-Conference facilitator
Donna Wert - dwert@iupui.edu
Ed Core Administrative Assistant
Indiana Alzheimer Disease Center
355 West 16th Street, Suite 2800
Indianapolis, IN 46202-7176
Phone: 317.963.7297

We welcome everyone to attend this event. If you have a disability and need an accommodation to participate in this program, we will try to provide it.
Prior to the event, please contact the IADC Ed Core office at (317) 963-7297.